

Männer

| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|---------------------|---------------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 1 | 138 | Jens Gosebrink | SC Bayer 05 Uerdingen | TM30 | 1 | 0:22:55 (1) | 0:51 | 1:01:05 (2) | 0:45 | 0:39:14 (4) | 2:04:49 |
| 2 | 156 | Daniel Heddendorp | Team Rose Bikes Bocholter WSV | TM30 | 2 | 0:25:14 (2) | 0:54 | 1:01:16 (3) | 1:04 | 0:37:21 (2) | 2:05:49 |
| 3 | 483 | Maximilian Wienken | TuS Breitscheid | TM30 | 3 | 0:26:11 (5) | 1:35 | 1:01:49 (4) | 0:56 | 0:39:51 (5) | 2:10:22 |
| 4 | 184 | Malte Ifang | TUS Breitscheid | TM30 | 4 | 0:27:22 (10) | 1:12 | 1:02:19 (5) | 0:55 | 0:39:54 (6) | 2:11:43 |
| 5 | 7 | Clemens Anschütz | RSC Göttingen e.V. | TM | 1 | 0:25:52 (4) | 1:08 | 1:03:44 (8) | 1:09 | 0:40:58 (11) | 2:12:51 |
| 6 | 134 | Friedemann Gobrecht | TuS Breitscheid | TM30 | 5 | 0:26:41 (7) | 0:57 | 1:02:42 (6) | 0:45 | 0:42:32 (16) | 2:13:36 |
| 7 | 124 | Dimitri Gelders | Team 4P | TM40 | 1 | 0:27:26 (11) | 1:09 | 1:04:09 (11) | 1:01 | 0:39:57 (7) | 2:13:42 |
| 8 | 306 | Daniel Ossendorf | TK Grevenbroich | TM30 | 6 | 0:28:51 (16) | 1:24 | 1:04:40 (13) | 0:55 | 0:37:58 (3) | 2:13:47 |
| 9 | 85 | Taner Egin-Richter | TuS Breitscheid | TM40 | 2 | 0:27:18 (9) | 0:59 | 1:06:18 (21) | 0:55 | 0:42:08 (14) | 2:17:38 |
| 10 | 66 | Niklas Ackermann | M. Gladbacher TV 1848 | TM30 | 7 | 0:33:28 (50) | 1:02 | 1:03:22 (7) | 0:48 | 0:39:58 (8) | 2:18:38 |
| 11 | 393 | Christian Schwarz | Ronsdorfer SG | TM30 | 8 | 0:26:27 (6) | 1:49 | 1:10:05 (50) | 1:39 | 0:40:57 (10) | 2:20:58 |
| 12 | 348 | Uwe Röpstorf | SC Bayer 05 Uerdingen | TM50 | 1 | 0:32:06 (39) | 1:34 | 1:04:15 (12) | 1:00 | 0:42:17 (15) | 2:21:12 |
| 13 | 305 | Rüdiger Ohs | Spiridon Frankfurt e. V. | TM30 | 9 | 0:29:01 (18) | 1:42 | 1:09:31 (43) | 1:35 | 0:40:26 (9) | 2:22:14 |
| 14 | 263 | Christian Lutz | Duisburger SV 98 Triathlon Team | TM30 | 10 | 0:26:43 (8) | 1:55 | 1:07:11 (28) | 1:22 | 0:45:30 (33) | 2:22:41 |
| 15 | 111 | Daniel Franze | TSV Bocholt | TM40 | 3 | 0:30:54 (25) | 1:31 | 1:04:43 (14) | 1:02 | 0:44:31 (27) | 2:22:42 |
| 16 | 22 | Fabian Bekemeier | DLC Aachen | TM | 2 | 0:29:46 (21) | 1:20 | 1:07:20 (29) | 1:12 | 0:43:28 (20) | 2:23:05 |
| 17 | 15 | Bjoern Baumgarten | TuS Breitscheid 1972/89 eV | TM40 | 4 | 0:36:24 (87) | 2:19 | 1:06:45 (26) | 1:03 | 0:37:14 (1) | 2:23:45 |
| 18 | 366 | Markus Schmidt | Duisburg SV98 Triathlon Team | TM40 | 5 | 0:28:56 (17) | 1:58 | 1:06:24 (22) | 1:07 | 0:45:24 (32) | 2:23:49 |
| 19 | 334 | Patrick Reinartz | IMI ZJ TECHNOLOGIES | TM30 | 11 | 0:32:02 (38) | 1:51 | 1:04:09 (10) | 0:58 | 0:44:52 (28) | 2:23:53 |
| 20 | 384 | Michèl Schroers | TV Goch | TM40 | 6 | 0:31:45 (34) | 2:02 | 1:06:25 (23) | 0:57 | 0:44:03 (23) | 2:25:13 |
| 21 | 267 | Timo Mahmens | TriathlonSteckelCologne e.V | TM30 | 12 | 0:31:51 (35) | 1:38 | 1:05:46 (16) | 1:34 | 0:44:54 (29) | 2:25:42 |
| 22 | 182 | Christian Huppertz | Duisburger SV98TriathlonTeam | TM30 | 13 | 0:31:10 (28) | 2:09 | 1:06:08 (18) | 1:17 | 0:45:06 (30) | 2:25:49 |
| 23 | 476 | Tobias Wember | | TM30 | 14 | 0:34:44 (69) | 2:25 | 1:06:16 (20) | 1:19 | 0:41:16 (12) | 2:26:01 |
| 24 | 399 | Michael Singer | TV Refrath | TM50 | 2 | 0:32:42 (44) | 1:31 | 1:06:37 (25) | 1:19 | 0:43:54 (22) | 2:26:03 |
| 25 | 424 | Michael Tempesta | AS Neukirchen-Vluyn | TM30 | 15 | 0:27:31 (14) | 1:36 | 1:05:11 (15) | 0:56 | 0:50:50 (76) | 2:26:04 |
| 26 | 101 | Johannes Feltes | DLC Aachen | TM | 3 | 0:30:03 (24) | 1:47 | 1:09:26 (41) | 0:49 | 0:45:23 (31) | 2:27:27 |
| 27 | 123 | Harald Gehring | | TM40 | 7 | 0:25:15 (3) | 2:04 | 1:08:59 (39) | 1:28 | 0:51:01 (77) | 2:28:46 |
| 28 | 479 | Timm Wessels | SupaWuppa | TM30 | 16 | 0:31:01 (27) | 1:21 | 1:06:03 (17) | 1:28 | 0:49:06 (61) | 2:28:59 |
| 29 | 358 | Marc Schaffeld | Inselrunners | TM30 | 17 | 0:34:27 (64) | 2:21 | 1:06:33 (24) | 1:10 | 0:44:29 (26) | 2:29:00 |

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| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|---------------------|--------------------------------|------|-----|---------------|------|--------------|------|--------------|---------|
| 30 | 121 | Carsten GATTINGER | TriForce-Vital RS | TM50 | 3 | 0:33:24 (49) | 1:17 | 1:10:29 (53) | 0:57 | 0:43:51 (21) | 2:29:57 |
| 31 | 242 | Niklas Kuschewski | Nordtriathleten Oberhausen | TM | 4 | 0:35:40 (78) | 1:44 | 1:07:22 (31) | 1:39 | 0:44:22 (25) | 2:30:46 |
| 32 | 272 | Jon Martinez Corral | | TM | 5 | 0:31:12 (29) | 1:26 | 1:15:07 (88) | 1:20 | 0:41:43 (13) | 2:30:48 |
| 33 | 256 | Manuel Lorenz | Tri Team Maxmo | TM30 | 18 | 0:33:59 (56) | 2:53 | 1:09:39 (44) | 1:36 | 0:42:53 (18) | 2:31:00 |
| 34 | 14 | Frank Bauhaus | Krefelder Kanu Klub | TM60 | 1 | 0:31:13 (31) | 1:19 | 1:09:27 (42) | 1:04 | 0:48:04 (50) | 2:31:06 |
| 35 | 398 | Ilja Simon | Team Essen 99 | TM40 | 8 | 0:34:54 (72) | 1:41 | 1:06:14 (19) | 1:16 | 0:47:13 (45) | 2:31:18 |
| 36 | 351 | Sebastian Runkel | TV Witzhelden | TM30 | 19 | 0:27:48 (15) | 1:26 | 1:07:39 (33) | 1:45 | 0:53:03 (90) | 2:31:41 |
| 37 | 408 | Ludger Staymann | LG Alpen | TM30 | 20 | 0:34:45 (70) | 2:05 | 1:07:20 (30) | 1:26 | 0:46:10 (37) | 2:31:46 |
| 38 | 106 | Ralf Fichtner | LDT Bochum | TM50 | 4 | 0:31:55 (36) | 3:03 | 1:13:17 (73) | 1:20 | 0:43:02 (19) | 2:32:37 |
| 39 | 219 | Lukas Klösters | TV Goch | TM | 6 | 0:31:13 (30) | 1:28 | 1:12:14 (66) | 1:17 | 0:47:08 (42) | 2:33:18 |
| 40 | 443 | Waldemar Urbanek | SV TriCity Darmstadt | TM50 | 5 | 0:31:31 (32) | 2:15 | 1:08:48 (36) | 1:43 | 0:49:05 (59) | 2:33:21 |
| 41 | 226 | Christoph Köhler | TV Wanheim 1900 | TM50 | 6 | 0:34:11 (60) | 2:20 | 1:09:51 (48) | 1:09 | 0:46:25 (40) | 2:33:55 |
| 42 | 439 | Thorsten Flintrop | | TM40 | 9 | 0:32:30 (42) | 0:46 | () | | 0:50:40 (74) | 2:34:55 |
| 43 | 215 | Timmy Klebb | Mach 3 Köln | TM40 | 10 | 0:34:03 (58) | 1:26 | 1:10:48 (56) | 1:48 | 0:46:53 (41) | 2:34:57 |
| 44 | 426 | Oliver Tenfelde | | TM30 | 21 | 0:32:06 (40) | 2:46 | 1:14:38 (86) | 1:34 | 0:44:04 (24) | 2:35:08 |
| 45 | 127 | Tobias Gerwin | Triathlon Team Düsseldorf e.V. | TM30 | 22 | 0:29:53 (23) | 1:58 | 1:13:43 (79) | 1:13 | 0:48:28 (54) | 2:35:14 |
| 46 | 444 | Frank Urbanowski | SV Gladbeck 13 | TM50 | 7 | 0:33:33 (51) | 2:14 | 1:08:54 (37) | 1:24 | 0:49:17 (64) | 2:35:21 |
| 47 | 233 | Jeroen Koster | RG Haldern | TM | 7 | 0:31:58 (37) | 2:20 | 1:09:52 (49) | 1:26 | 0:50:10 (70) | 2:35:46 |
| 48 | 32 | GERD BLISSENBACH | SV BERGISCH GLADBACH | TM50 | 8 | 0:32:36 (43) | 2:16 | 1:08:07 (34) | 1:58 | 0:51:10 (79) | 2:36:06 |
| 49 | 414 | Andre Stiller | USA Triathlon | TM40 | 11 | 0:36:03 (82) | 2:55 | 1:07:04 (27) | 2:35 | 0:48:04 (50) | 2:36:40 |
| 50 | 418 | Nico Suchanek | | TM30 | 23 | 0:34:02 (57) | 2:42 | 1:13:08 (72) | 1:19 | 0:45:39 (35) | 2:36:50 |
| 51 | 416 | Roland Strich | Hildener AT Triathlon | TM50 | 9 | 0:35:07 (75) | 1:18 | 1:08:09 (35) | 1:14 | 0:51:05 (78) | 2:36:52 |
| 52 | 43 | Steffen Brillat | SV Gladbeck 13 | TM50 | 10 | 0:36:52 (93) | 2:21 | 1:10:22 (52) | 1:33 | 0:45:48 (36) | 2:36:55 |
| 53 | 469 | Jürgen Wehren | Allround Triathlon Kleve | TM50 | 11 | 0:34:20 (61) | 2:05 | 1:11:59 (61) | 1:20 | 0:47:12 (43) | 2:36:56 |
| 54 | 362 | Steffen Schieweck | Hildener AT | TM30 | 24 | 0:36:01 (81) | 2:31 | 1:10:29 (54) | 1:11 | 0:47:19 (46) | 2:37:32 |
| 55 | 247 | Axel Lenders | Allround Triathlon Team Kleve | TM50 | 12 | 0:34:33 (68) | 1:42 | 1:09:49 (47) | 1:21 | 0:50:10 (71) | 2:37:35 |
| 56 | 460 | Michael Vloet | | TM30 | 25 | 0:32:48 (46) | 2:23 | 1:13:38 (78) | 1:59 | 0:47:27 (48) | 2:38:15 |
| 57 | 209 | Lutz Keferstein | WSV Schermbeck | TM40 | 12 | 0:32:17 (41) | 2:34 | 1:12:29 (68) | 1:51 | 0:49:05 (59) | 2:38:15 |
| 58 | 262 | Philipp Lüke | Marathon-Club-Menden | TM40 | 13 | 0:40:10 (109) | 2:24 | 1:04:08 (9) | 2:32 | 0:49:15 (63) | 2:38:29 |

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| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|--------------------------|-------------------------------|------|-----|---------------|------|---------------|------|---------------|---------|
| 59 | 200 | Julien Jök | SSV Hellas Emmerich 1921 e.V. | TM | 8 | 0:29:03 (19) | 1:48 | 1:17:27 (98) | 2:03 | 0:48:35 (55) | 2:38:57 |
| 60 | 285 | Norbert Mörtter | | TM50 | 13 | 0:33:58 (55) | 2:30 | 1:09:20 (40) | 1:34 | 0:51:35 (83) | 2:38:58 |
| 61 | 409 | Reinhard Steins | | TM50 | 14 | 0:30:56 (26) | 2:08 | 1:15:14 (90) | 1:29 | 0:49:20 (65) | 2:39:06 |
| 62 | 388 | Jan Philip Schulze-Ardey | DLC Aachen | TM | 9 | 0:36:13 (84) | 1:50 | 1:12:27 (67) | 0:45 | 0:47:56 (49) | 2:39:10 |
| 63 | 254 | Simon Lohr | | TM30 | 26 | 0:36:18 (85) | 2:47 | 1:07:36 (32) | 1:58 | 0:50:40 (74) | 2:39:19 |
| 64 | 51 | Jochen Burg | TV 1848 Mönchengladbach | TM30 | 27 | () | | 1:08:54 (38) | 1:49 | 0:49:13 (62) | 2:39:29 |
| 65 | 193 | Michael Janssen | SV Nordwacht Keeken | TM50 | 15 | 0:39:22 (105) | 2:13 | 1:14:02 (82) | 1:33 | 0:42:42 (17) | 2:39:52 |
| 66 | 471 | Thomas Weiner | TuS Breitscheid | TM50 | 16 | 0:37:08 (94) | 1:59 | 1:11:29 (60) | 1:27 | 0:48:10 (52) | 2:40:12 |
| 67 | 517 | Andreas Mantler | | TM40 | 14 | 0:37:36 (99) | 2:02 | 1:12:01 (63) | 1:20 | 0:47:20 (47) | 2:40:20 |
| 68 | 49 | Marco Bulic | | TM30 | 28 | 0:27:31 (13) | 2:21 | 1:12:13 (65) | 1:36 | 0:56:42 (104) | 2:40:22 |
| 69 | 25 | Tim Berghoff | | TM | 10 | 0:32:46 (45) | 3:13 | 1:18:02 (101) | 1:21 | 0:45:35 (34) | 2:40:56 |
| 70 | 372 | Patrick Schmink | Allround Triathlon Team Kleve | TM30 | 29 | 0:29:51 (22) | 1:15 | 1:13:31 (77) | 1:15 | 0:55:11 (96) | 2:41:03 |
| 71 | 329 | Daniel Raddatz | Hildener AT Triathlon | TM40 | 15 | 0:36:52 (92) | 1:46 | 1:09:40 (45) | 1:13 | 0:51:46 (85) | 2:41:16 |
| 72 | 403 | Ingo Stadthaus | SV Gladbeck 13 | TM30 | 30 | 0:37:58 (101) | 1:23 | 1:09:47 (46) | 1:42 | 0:50:39 (73) | 2:41:27 |
| 73 | 244 | Stefan Lankes | SV Schermbeck e. V. 1912 | TM50 | 17 | 0:36:11 (83) | 2:17 | 1:11:28 (59) | 1:33 | 0:51:25 (81) | 2:42:54 |
| 74 | 326 | Ben Quabach | | TM | 11 | 0:36:31 (88) | 1:57 | 1:13:19 (74) | 1:22 | 0:49:47 (68) | 2:42:56 |
| 75 | 41 | Bernd Brauer | TSV Dormagen | TM50 | 18 | 0:34:55 (73) | 2:54 | 1:14:24 (83) | 2:20 | 0:48:48 (57) | 2:43:21 |
| 76 | 108 | Albert Florack | Triathlon Team Düsseldorf | TM60 | 2 | 0:32:50 (47) | 3:05 | 1:13:26 (76) | 1:43 | 0:52:17 (88) | 2:43:22 |
| 77 | 62 | Borghs Daniel | SV 19 Straelen | TM | 12 | 0:33:01 (48) | 1:59 | 1:18:19 (103) | 1:02 | 0:49:52 (69) | 2:44:12 |
| 78 | 237 | Marco Krummer | kein | TM40 | 16 | 0:37:26 (97) | 3:23 | 1:13:47 (80) | 1:22 | 0:48:21 (53) | 2:44:19 |
| 79 | 400 | Marco Sinjou | TV Goch | TM40 | 17 | 0:34:29 (65) | 2:09 | 1:11:13 (57) | 1:08 | 0:55:24 (98) | 2:44:23 |
| 80 | 518 | Konrad Schürmert | | TM50 | 19 | 0:34:06 (59) | 1:56 | 1:19:28 (106) | 2:50 | 0:46:17 (38) | 2:44:37 |
| 81 | 140 | Jürgen Götttsche | | TM50 | 20 | 0:34:30 (66) | 1:55 | 1:17:20 (96) | 1:32 | 0:49:31 (67) | 2:44:48 |
| 82 | 157 | Marcel Heinen | Allround Triathlon Team Kleve | TM40 | 18 | 0:34:32 (67) | 2:15 | 1:15:07 (87) | 1:18 | 0:51:52 (86) | 2:45:04 |
| 83 | 519 | Christian Neusässer | | TM40 | 19 | 0:35:29 (77) | 1:58 | 1:12:46 (70) | 1:25 | 0:53:33 (91) | 2:45:11 |
| 84 | 104 | Thorsten Feth | | TM40 | 20 | 0:35:07 (76) | 2:28 | 1:13:58 (81) | 1:32 | 0:52:07 (87) | 2:45:11 |
| 85 | 264 | Michael Maas | | TM50 | 21 | 0:36:42 (91) | 1:34 | 1:11:20 (58) | 1:27 | 0:54:25 (94) | 2:45:29 |
| 86 | 462 | Jörg Vormbrock | SV Steele 11 | TM50 | 22 | 0:27:27 (12) | 2:34 | 1:17:40 (99) | 2:04 | 0:56:43 (105) | 2:46:27 |
| 87 | 214 | Tobias Kinder | Hamminkelter SV | TM30 | 31 | 0:31:38 (33) | 1:32 | 1:15:29 (91) | 1:30 | 0:56:24 (103) | 2:46:33 |

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|-----|-------|---------------------|------------------------------------|------|-----|---------------|------|---------------|------|---------------|---------|
| 88 | 166 | Jörg Henrich | Hamminkelner SV | TM40 | 21 | 0:34:57 (74) | 1:58 | 1:10:48 (55) | 1:35 | 0:57:33 (107) | 2:46:50 |
| 89 | 357 | Georg Schaffeld | | TM30 | 32 | 0:38:10 (102) | 3:43 | 1:16:01 (92) | 0:57 | 0:48:40 (56) | 2:47:31 |
| 90 | 205 | Lennart Kantelberg | DLC Aachen | TM | 13 | 0:29:44 (20) | 1:53 | 1:13:20 (75) | 1:44 | 1:01:15 (114) | 2:47:56 |
| 91 | 42 | Michael Brecht | | TM50 | 23 | 0:33:33 (52) | 2:32 | 1:14:25 (84) | 1:39 | 0:55:52 (100) | 2:48:02 |
| 92 | 50 | Thomas Buntbroich | Düsseldorfer TuS Fortuna 1895 e.V. | TM40 | 22 | 0:33:47 (53) | 2:34 | 1:19:11 (104) | 1:24 | 0:51:41 (84) | 2:48:37 |
| 93 | 213 | Thomas Ketelaer | | TM30 | 33 | 0:39:25 (106) | 3:21 | 1:14:29 (85) | 1:43 | 0:50:22 (72) | 2:49:20 |
| 94 | 356 | Andre Schäfer | SV Bayer Uerdingen 08 e. V. | TM30 | 34 | 0:33:57 (54) | 1:59 | 1:12:08 (64) | 1:15 | 1:00:02 (111) | 2:49:21 |
| 95 | 342 | Bernhard Reulecke | VT Triangel Kempen | TM60 | 3 | 0:39:31 (108) | 2:15 | 1:12:37 (69) | 1:20 | 0:55:25 (99) | 2:51:08 |
| 96 | 12 | Oliver Balgheim | | TM40 | 23 | 0:40:40 (110) | 2:38 | 1:19:48 (107) | 1:41 | 0:46:23 (39) | 2:51:09 |
| 97 | 485 | Markus Wischolek | TC Kray 1892 e.V | TM40 | 24 | 0:36:19 (86) | 2:23 | 1:16:22 (94) | 1:54 | 0:54:16 (93) | 2:51:14 |
| 98 | 69 | Frank Deckers | Allround Triathlon Kleve | TM40 | 25 | 0:43:56 (115) | 2:07 | 1:12:01 (62) | 1:33 | 0:52:39 (89) | 2:52:14 |
| 99 | 59 | Dietmar Cramer | TS 79 Bergisch Gladbach | TM50 | 24 | 0:39:29 (107) | 2:34 | 1:17:26 (97) | 1:24 | 0:51:25 (80) | 2:52:18 |
| 100 | 386 | Mario Schulze | DJK Löwe Hambach | TM50 | 25 | 0:35:57 (80) | 2:38 | 1:23:35 (114) | 1:27 | 0:48:51 (58) | 2:52:28 |
| 101 | 281 | Marco Mierzynski | Sv Gladbeck 13 | TM50 | 26 | 0:34:27 (63) | 3:37 | 1:15:13 (89) | 1:36 | 0:57:59 (108) | 2:52:53 |
| 102 | 441 | Martin Ulrich | fitbox Niederrhein | TM30 | 35 | 0:38:36 (103) | 3:20 | 1:22:45 (111) | 1:05 | 0:47:13 (44) | 2:53:00 |
| 103 | 491 | Armin Zielke | Tus Breitscheid | TM40 | 26 | 0:37:15 (96) | 1:51 | 1:19:19 (105) | 1:21 | 0:53:53 (92) | 2:53:39 |
| 104 | 354 | Michael Rzepczyk | | TM50 | 27 | 0:45:01 (118) | 3:06 | 1:10:05 (51) | 1:53 | 0:54:47 (95) | 2:54:53 |
| 105 | 99 | Wagener Felix | Trifugee | TM30 | 36 | 0:34:20 (62) | 2:41 | 1:21:23 (109) | 0:59 | 0:56:13 (101) | 2:55:35 |
| 106 | 345 | Markus Rinsch | | TM50 | 28 | 0:37:13 (95) | 4:28 | 1:16:03 (93) | 2:51 | 0:55:23 (97) | 2:55:58 |
| 107 | 322 | Siegfried Priebel | SV Gladbeck 13 | TM60 | 4 | 0:36:31 (89) | 2:13 | 1:20:08 (108) | 1:34 | 0:56:20 (102) | 2:56:46 |
| 108 | 97 | Ingo Fecker | | TM50 | 29 | 0:35:50 (79) | 3:22 | 1:13:05 (71) | 2:01 | 1:04:19 (116) | 2:58:38 |
| 109 | 118 | Matthias Gabrisch | | TM30 | 37 | 0:38:46 (104) | 3:34 | 1:18:12 (102) | 1:49 | 0:56:44 (106) | 2:59:05 |
| 110 | 243 | Alexander Lakemeyer | Team Triathlon Düsseldorf | TM30 | 38 | 0:40:53 (111) | 2:12 | 1:26:07 (116) | 0:48 | 0:49:29 (66) | 2:59:31 |
| 111 | 96 | Pierre Fecker | | TM40 | 27 | 0:36:33 (90) | 3:08 | 1:16:47 (95) | 1:40 | 1:02:19 (115) | 3:00:26 |
| 112 | 129 | Kai Gewehr | LDT Bochun | TM50 | 30 | 0:37:27 (98) | 3:13 | 1:17:58 (100) | 2:03 | 1:00:04 (112) | 3:00:44 |
| 113 | 23 | Thomas Bekemeier | | TM50 | 31 | 0:34:50 (71) | 2:25 | 1:24:24 (115) | 1:36 | 0:58:10 (109) | 3:01:25 |
| 114 | 427 | Klaus Terhorst | | TM60 | 5 | 0:43:41 (114) | 2:58 | 1:23:29 (113) | 1:55 | 0:51:33 (82) | 3:03:36 |
| 115 | 180 | Magnus Hübel | Kevelaerer SV | TM40 | 28 | 0:41:39 (112) | 3:38 | 1:22:20 (110) | 1:50 | 0:59:30 (110) | 3:08:57 |
| 116 | 225 | Thomas Köhler | PSV Brühl Triathlon Team | TM40 | 29 | 0:37:41 (100) | 2:46 | 1:22:55 (112) | 1:51 | 1:06:20 (118) | 3:11:33 |

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| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|--------------------|---|------|-----|---------------|------|---------------|------|---------------|---------|
| 117 | 33 | Wolfgang Boehmer | Allround Triathlon Team Kleve | TM50 | 32 | 0:42:53 (113) | 3:51 | 1:27:15 (117) | 2:58 | 1:05:37 (117) | 3:22:34 |
| 118 | 317 | Norbert Peuckmann | | TM50 | 33 | 0:44:54 (117) | 3:24 | 1:36:01 (118) | 2:11 | 1:01:09 (113) | 3:27:38 |
| 119 | 31 | Friedhelm Bliesner | Duisburger Schwimmverein 1898 Triathlon | TM70 | 1 | 0:45:38 (119) | 4:38 | 1:37:00 (119) | 2:03 | 1:18:25 (119) | 3:47:43 |

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| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|------------------------|-------------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 1 | 516 | Maren Hufe | | TW40 | 1 | 0:25:17 (1) | 1:18 | 1:03:10 (1) | 1:10 | 0:41:02 (1) | 2:11:57 |
| 2 | 339 | Anne-Katrin Reinl | Hildener AT Triathlon | TW30 | 1 | 0:31:03 (9) | 1:15 | 1:07:39 (2) | 1:05 | 0:44:18 (2) | 2:25:20 |
| 3 | 404 | Manuela Staelberg | | TW | 1 | 0:27:18 (2) | 1:32 | 1:15:34 (11) | 1:36 | 0:45:26 (3) | 2:31:26 |
| 4 | 270 | Marlen Mandel | AS Neukirchen-Vluyn | TW30 | 2 | 0:29:56 (6) | 1:19 | 1:08:18 (3) | 1:08 | 0:50:54 (12) | 2:31:36 |
| 5 | 165 | Carina Henning | | TW | 2 | 0:31:58 (13) | 2:09 | 1:13:39 (8) | 1:22 | 0:45:37 (4) | 2:34:45 |
| 6 | 429 | Vanessa Theisen | Allround Triathlon Team Kleve | TW40 | 2 | 0:34:25 (19) | 1:40 | 1:11:03 (4) | 1:01 | 0:47:56 (5) | 2:36:05 |
| 7 | 474 | Birgit Wellmanns | TV Goch | TW50 | 1 | 0:31:22 (10) | 1:44 | 1:12:34 (6) | 1:08 | 0:49:31 (8) | 2:36:20 |
| 8 | 21 | Ricarda Beckmann | Reeser SC Triathlon | TW50 | 2 | 0:35:54 (24) | 2:01 | 1:12:20 (5) | 1:11 | 0:49:16 (7) | 2:40:41 |
| 9 | 171 | Jana Hohl | Allround Triathlon Team Kleve | TW | 3 | 0:30:22 (7) | 1:48 | 1:16:19 (13) | 0:49 | 0:52:02 (17) | 2:41:20 |
| 10 | 5 | Steffie Alscher | TV Witzhelden Triathlon | TW50 | 3 | 0:33:58 (18) | 1:58 | 1:13:27 (7) | 0:59 | 0:51:18 (14) | 2:41:39 |
| 11 | 2 | Ulrike Adriany | Team Erdinger Alkoholfrei | TW40 | 3 | 0:34:42 (21) | 2:02 | 1:18:34 (19) | 1:35 | 0:48:19 (6) | 2:45:12 |
| 12 | 162 | Judith Hendriks | Allround Triathlon Team Kleve | TW40 | 4 | 0:36:09 (27) | 2:12 | 1:15:53 (12) | 1:13 | 0:50:49 (11) | 2:46:16 |
| 13 | 113 | Dagmar Frenz | SG Monheim | TW40 | 5 | 0:32:58 (15) | 1:36 | 1:17:21 (16) | 1:57 | 0:52:53 (19) | 2:46:44 |
| 14 | 74 | Jasmin Dille | M. Gladbacher TV 1848 e.V. | TW30 | 3 | 0:35:01 (23) | 2:19 | 1:18:41 (20) | 1:10 | 0:49:47 (10) | 2:46:58 |
| 15 | 38 | Natalie Bornmann-Russ | TV Witzhelden Triathlon | TW40 | 6 | 0:31:22 (10) | 1:41 | 1:21:53 (28) | 1:19 | 0:51:20 (15) | 2:47:35 |
| 16 | 95 | Meike Farber | | TW | 4 | 0:29:53 (5) | 2:00 | 1:23:00 (30) | 0:53 | 0:52:17 (18) | 2:48:03 |
| 17 | 177 | Alesja Höse | SV Schermbeck e. V. 1912 | TW30 | 4 | 0:36:04 (26) | 2:15 | 1:17:10 (15) | 2:56 | 0:49:39 (9) | 2:48:04 |
| 18 | 271 | Sandra Mangold-Gehring | | TW40 | 7 | 0:31:51 (12) | 1:40 | 1:17:32 (17) | 1:27 | 0:55:48 (23) | 2:48:18 |
| 19 | 203 | Dörte Kaiser | Team essen 99 | TW40 | 8 | 0:39:43 (30) | 1:50 | 1:13:49 (9) | 1:43 | 0:51:39 (16) | 2:48:43 |
| 20 | 260 | Katharina Luckmann | | TW30 | 5 | 0:33:01 (16) | 3:17 | 1:19:28 (22) | 2:22 | 0:51:01 (13) | 2:49:09 |
| 21 | 338 | Sarah Reinholz | Erdinger Alkoholfrei | TW30 | 6 | 0:29:48 (4) | 1:27 | 1:18:52 (21) | 1:48 | 0:59:08 (30) | 2:51:02 |

Frauen

| Pl. | St Nr | Name | Verein | AK | Pl. | Schwimmen | W1 | Radfahren | W2 | Laufen | Gesamt |
|-----|-------|-------------------|-------------------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 22 | 60 | Elfriede Cramer | TS 79 Bergisch Gladbach | TW50 | 4 | 0:36:47 (29) | 2:28 | 1:17:07 (14) | 1:23 | 0:54:34 (20) | 2:52:18 |
| 23 | 199 | Dana Jök | SSV Hellas Emmerich | TW | 5 | 0:29:12 (3) | 2:03 | 1:21:35 (26) | 1:46 | 0:59:50 (31) | 2:54:27 |
| 24 | 110 | Simone Franze | TSV Bocholt | TW30 | 7 | 0:31:01 (8) | 1:40 | 1:24:00 (31) | 1:15 | 0:57:38 (27) | 2:55:35 |
| 25 | 258 | Annika Löwe | SV T3AM JORGE | TW40 | 9 | 0:34:32 (20) | 2:36 | 1:21:51 (27) | 1:46 | 0:55:51 (24) | 2:56:35 |
| 26 | 40 | Hedwig Boßmann | Hamminkelner SV | TW60 | 1 | 0:40:22 (32) | 2:53 | 1:14:32 (10) | 2:19 | 0:56:42 (25) | 2:56:48 |
| 27 | 378 | Anke Schnitzler | | TW40 | 10 | 0:34:49 (22) | 2:11 | 1:20:25 (23) | 1:30 | 0:58:29 (28) | 2:57:23 |
| 28 | 489 | Nicole Zeidler | TV1848 | TW30 | 8 | 0:36:46 (28) | 2:04 | 1:18:12 (18) | 1:35 | 1:02:05 (34) | 3:00:42 |
| 29 | 346 | Marleen Robbemont | Allround Triathlon Team Kleve | TW50 | 5 | 0:40:28 (33) | 2:27 | 1:20:54 (24) | 1:48 | 0:55:23 (22) | 3:00:59 |
| 30 | 467 | Antje Wallbaum | Tri Club Wuppertal | TW50 | 6 | 0:32:43 (14) | 2:24 | 1:26:10 (32) | 1:32 | 0:58:32 (29) | 3:01:21 |
| 31 | 289 | Sabrina Müller | M. Gladbacher TV 1848 e.V. | TW30 | 9 | 0:33:06 (17) | 1:51 | 1:26:55 (34) | 1:18 | 1:00:52 (32) | 3:04:00 |
| 32 | 288 | Julia Mülders | M.Gladbacher TV1848 | TW30 | 10 | 0:44:43 (34) | 2:18 | 1:22:53 (29) | 1:31 | 0:57:27 (26) | 3:08:51 |
| 33 | 202 | Petra Kaiser | | TW60 | 2 | 0:45:36 (36) | 2:53 | 1:26:34 (33) | 1:26 | 0:54:53 (21) | 3:11:22 |
| 34 | 102 | Susanne Fenners | PSC Pulheim | TW50 | 7 | 0:40:05 (31) | 2:09 | 1:29:18 (35) | 1:32 | 1:02:03 (33) | 3:15:07 |
| 35 | 277 | Verena Mette | Triathlon Team TG Witten | TW30 | 11 | 0:36:03 (25) | 2:09 | 1:33:08 (36) | 2:13 | 1:04:57 (35) | 3:18:30 |
| 36 | 109 | Julia Frank | Moerser TV Triathlon | TW40 | 11 | 0:44:55 (35) | 1:57 | 1:21:21 (25) | 1:41 | 1:10:08 (36) | 3:20:02 |